



Saint John of God Hospital clg

HOSPITALITY COMPASSION RESPECT

Annual Report

Where
listening
creates
hope

2022



Our Vision & Mission

Saint John of God Hospital

Our vision is to be the leading provider of mental health and wellbeing education, research, treatment and care with exceptional staff, state-of-the-art facilities and use of technology.

Our mission is to provide compassionate, hope-inspiring and empowering mental health and wellbeing services in a spirit of Hospitality.

Saint Joseph's Shankill

Our Mission is to provide dementia specific services, dedicated to providing person-centred care focussing on the social, emotional, psychological and physical needs of people at all stages of dementia, where feelings matter most. In a spirit of true hospitality, everyone at Saint Joseph's is valued and recognised as a person who really matters.

**Our values are Hospitality,
Compassion, Respect.**



welcome

Auditors:
Pricewaterhouse
Coopers
Spencer Dock,
North Wall Quay,
Dublin 1

Bank:
Bank of Ireland
College Green,
Dublin 2

Solicitors:
Porter Morris
Solicitors
10 Clare Street,
Dublin 2

CHY Number:
CHY 18282

Registered Charity
Number:
20069858

Registered
Company Number:
430743

Contents

Our Vision & Mission	2
Message from the Chief Executive	4
Dr David McNamara - An Appreciation	7
Board of Directors	8
Management Team	9
Consultants	10
Clinical Director's Report	11
Saint Joseph's Shankill	15
Mental Health First Aid Ireland	20
On The Frontline	23
Financial Review (2022)	26
Clinical Governance	28
Launch of Lithium Therapy Patient Information Booklet	30
Compliments	31



Chief Executive's Report

Welcome to the 2022 Internal Annual Report for Saint John of God Hospital CLG.

Herein we outline our achievements, activities and some of the challenges faced by colleagues, volunteers and the Board of Directors, in our three services: Saint John of God Hospital Stillorgan, Saint Joseph's Shankill and Mental Health First Aid Ireland (MHFA). Each service has submitted their 2022 report for your information.

At the end of last year, we were hopeful that the pandemic would subside. However, our clinical services at Saint John of God Hospital Stillorgan and Saint Joseph's Shankill continued to face challenges as Covid-19 continued to pose a risk to the health and welfare of patients, residents, staff and volunteers. The ongoing vigilance and commitment of our clinical and non-clinical colleagues meant we managed and maintained the infection prevention and control requirements to ensure the safety of patients, residents, visitors, volunteers and colleagues. Our Nursing colleagues continued to play an enormous role in this endeavour as did our colleagues in Accommodation and Household Services as they had to continue to deep clean and sanitise our facilities to ensure the safety of all who used them.

Services continued to run, and just as in 2021, admissions were prevented or delayed at several points throughout the year due to public health constraints due to active Covid-19 cases in both locations. This was one of the most difficult aspects of the pandemic, as it meant that when these cases arose that those in need of either our mental health or dementia services had to wait until public health restrictions lifted and we were permitted to recommence admissions. We commend our colleagues for their perseverance and diligence and for the excellent care provided despite the difficult circumstances.

The work that we had done in 2020 and 2021 helped us to get through 2022 and, despite Covid-19, colleagues continued to innovate and provide excellent treatment and care in the case of the Hospital and Saint Joseph's Shankill and the best training in terms of MHFA Ireland.

The hospital is regulated by the Mental Health Commission (MHC) and Saint Joseph's Shankill is regulated by the Health Information & Quality Authority (HIQA). The two approved centres in the hospital i.e., Ginesa Suite Adolescent Service and the Adult Services were re-registered by the Mental Health Commission until May 2025. HIQA conducted a registration inspection in October 2022 and Saint Joseph's Shankill will be re-registered for a further three years also.

Overall, the MHC and HIQA inspections of our clinical services in Stillorgan and Shankill were positive, and we will address the areas highlighted for improvement. The hard work of all colleagues led to the positive inspection feedback for all three inspections.

MHFA Ireland had trained over 15,500 people by December 2022 since it started training in 2014 with 2,801 people trained in 2022 across the Mental Health First Aid Adult, Workplace and Youth programmes.

Recruitment and retention continued to be a challenge in 2022 for both the hospital and Saint Joseph's and thankfully things began to turn in the right direction towards the end of the year. I want to acknowledge the efforts of all staff who, despite the staffing situation, continued to provide excellent services to patients, residents and their families and to those departments that provide internal services to staff across the organisation I want to express thanks also. The jobs market within the health and social care sector is challenging for Dublin based services due to the significant cost of rents and housing in the greater Dublin area and wider Leinster region.

The voice of those who use our services is extremely important and in both the Hospital and Saint Joseph's Shankill we are very fortunate to have several active fora that make an essential contribution to how we plan and operate the services.



The Hospital's Consumer & Carer Council continues to make a very significant contribution to the development of the services and works with various departments to advise and give feedback in relation to various areas of development that are in progress over the year. They work closely with the clinical staff to ensure that the programmes that we are changing or introducing meet the needs of people availing of them and in 2022 made significant contributions in this regard. They also run the "Hello How Are You?" campaign from Mental Health Ireland within the hospital. This is an important initiative and will hopefully continue in the years ahead.

In Saint Joseph's Shankill, the Residents' Committee plays an important role. It receives updates on service plans and gives feedback on various issues, developments and matters pertinent to the quality of life of the residents living there. The Residents' Committee also received the 2022 Annual Quality & Safety Review (a report required under HIQA regulations) and give feedback to the executive and make contributions before it is finalised.

Advocacy services were provided by Irish Advocacy Network (adult inpatient mental health service) and YAP Ireland (child and adolescent inpatient mental health service) throughout 2022. This necessary service to adults and young people in the inpatient services at the hospital and the feedback from advocates is used to ensure that the voice of those currently in the hospital is heard and that their feedback is used to improve our services.

Volunteers play a significant role in supporting our work. From the ten directors who serve voluntarily on our Board of Directors, to the members of our Consumer & Carer Council (Hospital) and Residents and Representatives Committee (Saint Joseph's Shankill) to the fundraising volunteers and the volunteers who visit the hospital and Saint Joseph's and share their unique talents and experience to enhance the lives of patients, residents, families and staff on a daily basis, we owe each and every one of them much gratitude for

giving of their precious time for the benefit of others. We thank them for their ongoing support and generosity.

Research activities continued across our services, all of which contribute to enhancing the treatment, care and services that we provide, and it helps us to make changes which improve our services. In addition, colleagues from various departments in the Hospital and Saint Joseph's Shankill presented at national and international conferences during the year.

One of the most significant safety and quality initiatives was undertaken by our colleague, Ms. Audrey Purcell, Chief 2 Pharmacist & Dispensary Services Manager at Saint John of God Hospital Pharmacy. Not only does this initiative benefit patients in Saint John of God Hospital, but it also benefits patients across Ireland. Written and led by Audrey, Saint John of God Hospital Pharmacy, the HSE National Medication Safety Programme, and the Irish Pharmacy Union joined forces to launch a new patient Information Booklet on Lithium Therapy. This booklet will help to promote safer lithium therapy and assist patients to understand, with the help of their healthcare professional, all aspects of lithium therapy including monitoring and potential side-effects.

This is just one of the many important achievements that you can read about in the following pages, and I hope that you, like me, will find it inspiring and encouraging and evidence of the talent and dedication that we are so fortunate to have in this organisation.

In conclusion, I want to take this opportunity to express my sincere appreciation to all my colleagues, our volunteers and our Board of Directors for their work and commitment and we look forward with hope and hospitality to the year ahead in the manner of our founder Saint John of God.

Emma Balmaine, Chief Executive



Dr David McNamara

29 February 1960 – 1 November 2022

An Appreciation

Dr David McNamara was appointed to Saint John of God Hospital in May 2005 as a Consultant Child & Adolescent Psychiatrist to provide the clinical lead for the Ginesa Adolescent Inpatient Unit. A graduate of University College Dublin, he completed his basic clinical training on the Eastern Health Board Rotational Scheme in Psychiatry. His specialist training was completed at the Maudsley Hospital London, where he took up his first Consultant post. His research and special interests include disorders of adolescence, with a particular focus on Early Onset Psychosis, Tic disorders and Obsessive Compulsive Disorders.

Throughout David's tenure as Head of the Ginesa Adolescent Service at the hospital, his first and main concern was to help those young people who had come to him at the hospital in their time of need. Over many years, David helped countless young people to overcome their mental health difficulties and challenges and to go on to lead healthy and fulfilling lives. He supported the families of those young people as well and showed true compassion and the other Saint John of God values of respect and hospitality in spades to all whom he helped. A superb colleague to both his multi-disciplinary team and his medical peers, he was also hugely popular with colleagues from all departments, clinical and non-clinical across the hospital. He had a tremendous sense of humour and fun but was also caring, kind and considerate. He is and will continue to be sorely missed by us all. May he rest in eternal peace.

Emma Balmaine, Chief Executive, on behalf of the Board of Directors, Management and Staff

David was an immense colleague and friend to Consultant colleagues at the Hospital. He was incredibly generous with his time, mentoring and tutoring doctors and other health staff within the hospital and beyond. He became known as a wise teacher and was consulted by colleagues on all types of issues, not just clinical matters. He always carried a smile around the hospital and always had a story to tell, occasionally not quite true to stir up a bit of craic! His leadership

of the adolescent unit changed the lives of so many young people for the better. His experience at the Maudsley Hospital in London helped to create a dynamic, compassionate patient-centred environment which led to years of success with the support of successive management teams. A particularly popular colleague with a great sense of humour, David will be very fondly remembered by his colleagues, patients and their families.

Professor Colin O'Gara, on behalf of Consultant Colleagues

Patients & Parents

He was my doctor when I was in Ginesa. He made me feel heard at a time when I felt invisible.

David, you did more than anyone ever has for me, you were there when nobody else was. You saved my life.

We are forever grateful for his expertise, kindness and empathy to our son; for showing him the way out of the darkness and for equipping him with the skills to move forward.

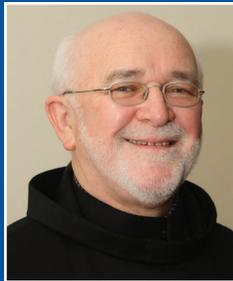
He was a truly compassionate professional with a gentle humour and an innate ability to empathise. He helped our family so much, we are forever grateful.



Board of Directors



**William
Cunningham
Chairman**



**Br Gregory
(Patrick) McCrory
O.H.**



Elaine Collins



Laura Cuddihy



**Br Ronan (John)
Lennon O.H.**

**Margaret
Heneghan**



**Ronan
McGoldrick**



**Professor
Kieran C. Murphy**



David Pierce



**Professor
Rory Shelley
From January**

Management Team



Emma Balmaine
Chief Executive



Professor Jennifer Hoblyn
Clinical Director



Geraldine Corr
Director of Nursing



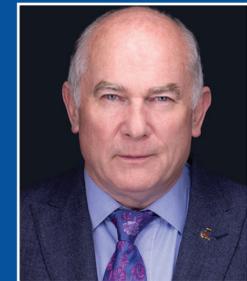
Sarah Almasry
Chief Operations Officer
From October



Sinoy Allyboccus
Director of Nursing, St. Joseph's Shankill
From March



Adrian Doherty
Human Resources Manager



Joe Kelly
Head of Operations, Quality and Data Protection
To February



Orlaith Donoghue
Head of Occupational Therapy



Br Hugh Gillan OH
Head of Pastoral Care



Dermot Hickey
Head of Social Work
To April



Grainne Lawlor,
Head of Social Work
From November



Professor Dolores Keating
Head of Pharmacy



Fergal Rooney
Head of Psychology

Consultants



**Professor Jennifer
Hoblyn
Clinical Director**



Dr Cian Denihan



**Dr David
McNamara**



**Dr Stephen
McWilliams**



**Dr John
O'Donovan**



**Professor Colin
O'Gara**



Dr Maria Romanos



Clinical Director's Report

The year 2022 must be noted as the year that we began to approach the end of the global pandemic. We continued to offer both in person and telephone consultations, as requested by the preference of our patients. There were significant changes within all our clinical teams, but together we all worked closely with colleagues in the Nursing and Administrative services to provide the highest standard of care for all our patients and their families during these still challenging times.

Medical Services

Dr Maria Romanos and her team continued to provide services to both general adults and the eating disorders (EDRC) programme. As the Covid-19 restrictions began to lessen, the EDRC team discontinued the Remote Treatment Programme in April 2022. The family support group continued to be held via Zoom to facilitate all participants ability to attend these important sessions. There were 114 referrals to the EDRC Programme in 2022 and 83 admissions.

In-patient programmes faced some complexities due to the increased patients being treated under court order. Staff shortages, particularly ward nursing staff, became a major challenge to the teams as it increased tasks that would ordinarily have been undertaken by nurses.

Jane O'Riordan's research study was submitted to the Eating Disorder Journal for consideration, and she presented the outcome of her research project at the European Council of Eating Disorders Conference which was held in Belfast in September 2022. The team warmly welcomed Dr Ingrid Mihoc, Psychiatry Registrar and Dr Angela Mullins, Senior Counselling Psychologist to the service and Dr Beth McEvoy went on maternity leave.

The Ginesa Team had a total of 59 admissions for 2022. This year was particularly difficult and challenging year for the Ginesa Adolescent Services Team due to the lingering effects of the Covid-19 pandemic as well as unforeseen events.

While deficits in staffing were an ongoing issue, positive news was readily welcomed in that the position for a full-time Social Worker was filled by October 2022. There were significant changes in nursing staff throughout the hospital necessitating hiring of agency staff during the period of 2022.

A recent innovation of the Ginesa Suite has been the introduction of an enhanced Clinical Pharmacy Service to the approved centre. This has been in place since January 2022 whereby a Senior Pharmacist provides services such as 1:1 provision of information, overseeing physical health monitoring relevant to medication, which included monitoring for side-effects and dealing with clinical queries.

In November 2022 the multi-disciplinary teams (MDT) and Saint John of God Hospital suffered a devastating loss when Dr David McNamara passed away suddenly. He was the longstanding Consultant Psychiatrist leading the Ginesa Suite and his presence will be tremendously missed.

Prof. Colin O’Gara and his MDT provided care to 369 inpatients, maintaining a yearly average occupancy of 20 inpatients alongside a busy outpatient assessment service for those with Addiction Disorders including with those with Gambling and Internet Use Disorders.

The Addiction Service demonstrated strong clinical and research leadership in addiction treatment provision for 2022. The Saint John of God Hospital Addiction Service further strengthened its position as a leading provider of addiction treatment. The service attained a high level of media presence within the broadcast and the print media. The Service was active in research with national and international collaborators.

The General Adult Psychiatry services that were initially led by Dr Leena Naughton until mid-October, when Dr Attila Szigeti took over this position and that of the Tutor for the UCD Deanery Psychiatry Training programme. Prior to this he had been providing holiday coverage and urgent outpatients appointments. This MDT provided services for up to 15 inpatients and 383 outpatients.

Dr Stephen McWilliams and his team provided specialised care for those with early onset psychosis and more severe and enduring psychosis. The team also cared for those with non-psychotic disorders, including those with bipolar disorder, depression, adjustment, and OCD disorders.

Despite the challenges of Covid-19, Team 8 continued to care for private general adult patients (aged under 65) on St Peter’s Ward. Occasionally this involved caring for the patients of other general adult teams while they reside on St Peter’s Ward. It also involves the acceptance of funded patients from some local catchment area services.

The team provided regular teaching to UCD medical and nursing students attached to the team and RCSI pharmacy students during brief attachments to the Hospital. The team also catered for occasional overseas rotations for postgraduate trainees in collaboration with DETECT, however Covid-19 restrictions prevented this in 2022.

Ms Carol Keegan facilitates Cognitive Behavioural Therapy (CBT) for a finite number of patients under supervision. She is also enrolled in the UCD School of Nursing, Midwifery and Health Systems Medicinal Produce Prescribing Education Programme.

Dr Stephen McWilliams is Medical Editor of Hospital Doctor of Ireland and a member of the Editorial Board of the Irish Journal of Psychological Medicine. In 2022, he continued to publish articles on psychiatry (including psychosis) in the national, scientific and medical press. This included peer reviewed papers. Dr McWilliams continued to act as a reviewer for national and international journals.

Psychiatry of Later Life Services were cared for by both Dr John O’Donovan and Dr Caoimhe Ní Shuilleabháin since the retirement of Dr Loane. The MDTs included colleagues from Nursing, Occupational Therapy, Social Work, Psychology, Pharmacy, Physiotherapy and Chaplaincy services. In mid-January 2022 Prof. Jennifer Hoblyn began as the Clinical Director of St John of God Hospital, with a (0.5 WTE) commitment to Psychiatry of Later Life. She had previously served as Chair of the Faculty of Later Life Psychiatry at the Irish College of Psychiatry. She has academic appointments in both TCD and UCD Medical Schools and supervises visiting undergraduate students from the USA and has active HRB funded research projects, one of which was awarded in 2022.

Clinical activity continued to be busy with both inpatients and outpatients. The outpatient service provided by consultants’ teams have grown year on year since 2014. There is potential for growth by expanding the offerings from the MDT members to this service. Referrals were accepted from colleagues across the island of Ireland and patients were usually admitted to Carrig Fergus, a 28-bed ward for those over the age of 65 years. This group of patients had suffered significant anxiety, depression and isolation during the Covid-19 pandemic.

The Nursing team continued to provide excellent inpatient care to all our inpatients. Lynsey Duff was appointed as the CNM2 and Maria Coughlan CNM1 on Carrig Fergus ward. Both are welcome additions to the Nursing team.

The Nursing Teams are to be credited for their dedication to the inpatient service, and the high quality of nursing care.

Although Dr Cian Denihan formally retired at the end of December 2022, he was then persuaded to stay to fill his own locum so to facilitate the care of this very busy service. A total of 105 patients were admitted for inpatient care during the year, of which 28 were first admissions to the hospital and 77 were readmissions. The outpatient service was also busy, with a total of 722 individual outpatients seen for assessment and treatment, with 471 individual appointments being directly delivered by the consultant and 251 individual appointments being delivered by BST & HST under consultant supervision. In addition, the outpatient Dialectical Behavioural Therapy-based Emotion Regulation Skills Training Group Programme was co-delivered remotely by Dr Eugenie O’Sullivan and Dr Denihan via Zoom.

The team also said farewell to several highly valued and esteemed members over the course of the year, with Mr Dermot Hickey (Social Worker & Department Head) moving externally in April, Ms Roisin Walsh (Senior Occupational Therapist) leaving to pursue her career externally in October, Dr Eugenie O’Sullivan (Senior Clinical Psychologist) changing to another team allocation in December.

Dr Terence Larkin led the ECT services which continued to provide the option of ECT for those severely ill patients despite the ongoing restrictions created by the Covid pandemic. Stringent infection control measures were maintained but towards the end of the year the use of PPE was reduced back to the Team wearing mask and gloves in the ECT suite. The ECT Team also provided consultative and advisory services to colleagues considering a referral for ECT for their patients. The ECT Nurse provided additional support and information for patients and their family members both before and during treatment. The number of treatments delivered grew significantly since the beginning of the pandemic in 2020.

Staffing of the service was the other major challenge as their longstanding colleague Ellen McCann moved to another hospital in April. We had already, at

the end of 2021, had the departure of 2 nurses who had undergone training with the ECT Nurse that year to provide leave cover for the service. The continued provision of the service was threatened. The Department of Nursing made a substantial change in the job description for the Designated ECT Nurse which enabled the service not only to survive but to be enhanced. The Service also provided training for medical and nursing colleagues and students in the skills related to ECT.

Occupational Therapy Services

This department was led by Orlaith Donoghue, Senior Occupational Therapist. As the OT staff became depleted it was necessary to increase the use of instructors and, as such, they welcomed several new additions to all programmes – Music Therapy, Sound Meditation and increased Yoga and Meditation sessions to meet demands. They also engaged in a collaboration project as part of Tennis Ireland’s ‘Tennis for All’ which saw the introduction of weekly tennis coaching in November. By year end they had converted one of their OT staff posts to that of an Activities Co-ordinator and filled the post in December.

Some of their initiatives for 2022 were:

- Introduction of two circuit training classes to the gym timetable.
- Introduction of sound meditation.
- Flowerbed and composting projects, joint project with horticulture.

There was very positive feedback from the Occupational Therapy Department services users; “a few times I arrived anxious and left calmer”; “I learned something new that I hope to be able to use on a daily basis to ease stress”; “understanding more about the needs of self-care”, to name but a few.

Pharmacy Department

Pharmacy services once again continued their award-winning ways to help us provide safe care to all under the able leadership of Prof. Dolores Keating.

A quality improvement project to expand ward based pharmacy technician services extended to the ECT suite in 2022 in collaboration with the ECT nurse.

This project also included a review of the medicines and formulations available with input from a consultant anaesthetist.

They launched the updated National Lithium Information booklet, and it was disseminated as a collaboration between the Hospital, the HSE Medicines Management Programme and the Irish Pharmacy Union.

The team continued to collaborate with an international group of pharmacy educators and researchers to share best practice and our experience of implementing Mental Health First Aid in the pharmacy curriculum. Prof. Keating co-supervised a hospital sponsored PhD exploring the integration of MHFA in undergraduate healthcare education.

Psychology Department

This team was led by Dr Fergal Rooney and the enduring implications of the Covid-19 crisis, served to provide a challenging context for the Psychology Department to continue to deliver a comprehensive service. However, the very significant staffing crisis strongly curtailed the Department in delivering its full suite of interventions for Inpatients and Outpatients. Notably, two MDT's have functioned without having a dedicated psychologist for much of 2022. The Outpatient CFT and DBT group therapy programmes were suspended, as was the CFT research project.

Members of the Psychology Department provided input to all inpatients at the MDT team level and contributed to the weekly care planning for patients. A significant achievement by psychologists is evident in the fact that every request for intervention with inpatients was responded to through 1-1 sessions or group therapy during 2022. However, clinical output was understandably notably less than in 2021.

Social Work Department

After the departure of Mr Dermot Hickey during 2022, Ms Grainne Lawlor stepped up to provide the leadership of the Social Work Department. Staff recruitment and retention, commitment to MDT's, inpatient caseload and the management

of safeguarding referrals remained the central focus of the department for the year. Behavioural Family Therapy continued to be an intervention available for patients and their families.

Social Work participated on the Audit Committee, the CEQI Committee, the Sustainability Committee, the Suicide Reduction Committee and the Risk Committee. Monthly in-house CPD continued throughout the year ensuring Social Workers kept up-to-date with developing legislation, national guidance and current research in line with best national and international Social Work practice. All Social Workers continued to meet CORU CPD requirements. Social Work continued to provide induction training for newly recruited staff in relation to Adult Safeguarding and Child Welfare and Protection.

Chaplaincy Team

The Chaplaincy services continued to be led by Fr. Hugh Gillan and Deacon Damian Murray and whilst coming out of the Covid-19 pandemic, normal Chaplaincy activities were provided across both sites - (Stillorgan and Saint Joseph's Shankill), including liturgical services and support groups.

AA attendees could attend Mass on Sundays, but not the public, due to ongoing Covid-19 restrictions. The Chaplaincy Department was instrumental in resurrecting the Staff Support Group within the hospital.

The Pastoral Care Department in Saint Joseph's had assumed lead for Caru (end of life) programme which replaced the previous CEOL programme.

Professor Jennifer Hoblyn, Clinical Director

Saint Joseph's Shankill

Saint Joseph's Shankill is the largest care home in Ireland solely dedicated to dementia care. Our vision is to lead the way in dementia care in Ireland through innovation, education and community engagement. Developing best practices that others can replicate, where families, staff, volunteers and communities are supported, engaged, and empowered to ensure that people living with dementia enjoy the quality of life they deserve.

Figures indicate there are 64,000 people in Ireland living with dementia. Quarterly meetings were held with the HSE CHO6 leads to review the enhanced and dementia specific needs of residents as per the solution to the funding crisis that was highlighted publically in 2019 and was resolved at the end of 2021.

Covid-19

The Covid-19 global pandemic continued into 2022 with some restrictions in place. Visiting remained open however was done through a booking system.

Adherence to the public health guidelines was continued throughout the year and the implementation and communications of all updated HPSC guidelines were followed.

Saint Joseph's remained part of the Emergency Planning Group Meetings (EPG) within SJOG management team and continued with EPG meetings in Saint Joseph's weekly until they were phased out in line with community infection rates.

During 2022 Saint Joseph's Shankill experienced 4 outbreaks of Covid-19. Three of these outbreaks were contained successfully to a particular lodge and affected a very small amount of residents. One outbreak in March spread across 3 lodges and included 21 residents and several staff.

Members of Alzheimer's Hellas, Saint Joseph's Shankill, the Alzheimer's Association of Ireland, Alzheimer's Portugal, accompanied by members of the Dementia Working Group, Kevin Quaid and Helen Rochford Brennan pictured outside Buswells Hotel on their way to an information event about brain health in Leinster House, March 2022



Achievements in 2022

Butterfly Accreditation

Meaningful Care Matters carried out our Butterfly Audit in October 2022 and Saint Joseph's was awarded accreditation.

We were thrilled that our Day Care Club became the first ever day care centre in Ireland to achieve the MCM accreditation with a grading of 'Outstanding' after our audit. Our residential lodges had a combined result of 'Excellent' in our approach.

Person Centred Dementia Care (PCDC)

The focus of the PCDC team was to provide training for all staff in a classroom environment in 2022. PCDC meetings with house leaders and meetings with Local Management Team were held monthly.

Throughout the year we provided Introduction to Butterfly Model trainings to new staff. The PCDC team covered topics including Introduction to Butterfly and



the Language of Dementia, The Mealtime Experience, Functional Behavioural Profile, Meaningful Engagement and the Later Experience.

Compassionate End of Life Care (CEOL) / Caru

There were 15 deaths at Saint Joseph's during 2022. We remember each one of them with fondness and love through sending first anniversary cards, prayers and celebrating them at Mass.

From CEOL to Caru:

On 30th November 2022 the HSE launched a replacement programme to CEOL called 'Caru' - a continuous learning programme developed by Irish Hospice Foundation (IHF), in partnership with All Ireland Institute of Hospice and Palliative Care (AIHPC). A key component of Caru is the establishment of a new 'Project ECHO' - a nursing home knowledge network in each Community Healthcare Organisation (CHO) Area.

Saint Joseph's Day Care Centre - 'The Club' 2022

Throughout 2022, our staffing allocations continued as 1 x registered general nurse, 2 x health care assistants and 1 x household person. Additionally, we continued to engage in the volunteer programme with very good volunteer support across the 5 days each week in The Club.

The Day Care Centre (The Club) in Saint Joseph's continued to operate throughout 2022 facilitating 12 day care places per day (60 places per week) which was ongoing until August 2022. In August 2022, the day care places were increased to 14 places per day (70 per week) before it was increased further to 16 places per day (80 per week) in November 2022.

The Residents' Representatives Committee (RRC)

The Saint Joseph's RRC's purpose is to inform, include and advocate for loved ones and their family members, in relation to service provision and future care and service developments.

Visit of Stephen Donnelly, TD, Minister for Health



Visit of Stephen Donnelly, TD, Minister for Health

The Committee is made up of residents' family representatives, one of whom chairs the meetings and one volunteer representative. The two Clinical Nurse Managers (CNMs) facilitate the group.

A total of 7 meetings were held during 2022. Meetings were held over Zoom due to Covid-19.

HIQA

We had an unannounced inspection by HIQA (Health Information and Quality Authority) on 13th October 2022. The inspection took place over the course of a day

during which time two inspectors observed and spoke to residents, visitors and staff. Inspectors observed that residents appeared comfortable and relaxed and feedback was positive regarding the service and the staff providing their care.

Disappointingly however, the inspector found non-compliances in 6 areas of regulation, substantially complaint in 2 regulations and 5 regulations were compliant. An action plan was devised in response to the report to address the issues and a detailed plan was implemented.

Research

Due to Covid we had a delayed start on our research project: 'Improving Outcomes in a Dementia Specific Care Home Using a Social Model of Care: Moving From Large Institutional Style Units to Small Homelike Environments.'

We submitted an abstract to the 2022 SJOG Research Day, and Siobhan Grant presented the findings of the research on the day to the audience.

Abstracts were also submitted to the European Dementia Conference. We also submitted an abstract to the Global Dementia Conference in London, and we were successful in our submission for a poster presentation at the conference in June 2022.

ERASMUS + Programme Adult Education Strategic Partnership – KA204.

'DEMENTIA RIGHT: Developing a rights-based approach to dementia', This European project allowed the team to travel abroad to Oviedo in Spain and Antalya in Turkey, to collaborate with the partners on the prescribed outcomes. Saint Joseph's welcomed the international partners in March of 2022, where they attended an event about Brain Health in Leinster House, followed a debate in the Seanad, where they were officially welcomed by Minister Mary Butler, Minister for Mental Health and Older People.

The next day the partners visited Saint Joseph's and enjoyed presentations from CNMs about our culture of care and change programme, information about the volunteer programmes a tour of our lodges and an experiential mealtime exercise.

Director of Nursing

The Director of Nursing, Patricia McCoy, resigned her post in February 2022. Sinoy Allyboccus acted up and subsequently was appointed as the new Director of Nursing / Person-In-Charge in March 2022.

Conferences

Dementia-Inclusive Hospital Design Symposium – 26th May 2022

We were invited to attend and present at this symposium launching the dementia inclusive hospital design research from Trinity Haus.

National Volunteer Management Conference 2022

Nicola Yau took part in the National Volunteer Management Conference. She joined others in a panel discussion to talk about changes they brought to their volunteer programmes and how they have grown over the years.

Alzheimer Europe Conference

This year it took place in Bucharest, Romania. Mackenzie Dow presented her research project entitled: “They’re allowed to be who they are...: Exploring Perspectives on the Social Model of Care in a Long-Term Homelike Facility for People Living with Dementia in Ireland.” The study explored key stakeholder perspectives following the implementation of the ‘Meaningful Care Matters’ Butterfly Model of Care® in Saint Joseph’s Shankill.

14th International Dementia Conference 2022

Hosted by Engaging Dementia, Siobhan Grant presented the research findings at this conference in October.

Political Engagement

On Friday 11th March, Minister for Health, Stephen Donnelly took the opportunity to come to meet the team and to recognise the new agreement made with the HSE which meets the needs of current and future residents and the delivery of specialised dementia services.

Fundraising

- The Monkstown Hospital Foundation supported €6,341.
- €20,000 was gifted from another foundation to Saint Joseph’s Shankill for fire doors installation.
- Donorbox donations €14k.
- Facebook Giving – €974 raised in 2022.
- Butterfly Lunch €47k.
- Woodbrook Captain’s Golf Event €14k.
- Newtown Golf event €4k.
- Better Life Grant for Volunteer and Community Programme €50k.
- The Community Foundation of Ireland, through a donor directed fund, gave €150k over 3 years commitment to funding the Community and Volunteer Programme.

Community and Volunteer Programme

Volunteering

By the end of 2022 there were 200 registered volunteers. Not all volunteers had returned since the pandemic and there were 80 active volunteers either volunteering in Saint Joseph’s or remotely from home.

We also continued to facilitate virtual volunteering in 2022:

- Buddy Volunteers had weekly chats over Zoom with their Buddy.
- Musician Volunteers zoomed into lodge living rooms to entertain the people who live in Saint Joseph’s Shankill.
- School Ambassador Volunteers.
- Dementia Café.

Volunteer Communications

The Butterflyer is a monthly newsletter emailed to all volunteers. A hard copy is also put in the Volunteer Hub for those volunteers who do not use email.

Volunteer Training Sessions were held over Zoom and there was also a return to in-person training for manual handling.

Dementia Tennis Club

Our tennis programme was suspended in 2020 and our virtual sessions ended in 2021. In 2022 volunteers started to facilitate indoor tennis again. It is hoped to return to the courts in 2023.

Community Hairdresser

Our Community Hairdresser comes to Saint Joseph’s once a month to cut, colour and style hair for the people in our care. This service ran throughout 2022.





Elaine Byrne, Siobhan Grant and Norma Sheehan from Saint Joseph's brought the Dementia Right Project Group members from SJOG Portugal, Alzheimer's Portugal, Alzheimer's Hellas (Greece), Oviedo University Spain, and Buhayad, Turkey to Leinster house to attend a Seanad debate on brain health and were Welcomed by Minister for Older People and Mental Health, Mary Butler, and Senator Fiona O'Loughlin

Plans for 2023 include:

- To implement on the Quality Improvement Plan focussing on the HIQA, Fire and IPC and Butterfly approach actions within that plan.
- To maintain the Quality of Life Butterfly Award from Meaningful Care Matters.
- Upgrade the emergency lighting system.
- Upgrade 4 bathrooms and remodel to achieve 6 sensory bathrooms.
- Replace the fire doors and complete maintenance.
- Implement an online recruitment tool.
- To focus on education and research which will benefit people living with dementia, their families, our staff and the community at large.
- Develop further a strong and robust Volunteer and Community Programme.
- Recruit a Volunteer and Community coordinator to support the Volunteer and Community manager.
- Further develop Schools Ambassador Programme.
- Host the 2023 Butterfly Lunch with a target of €50k.
- Continue to engage with the grant makers and the foundations for funding.
- Commence an Erasmus + project with HOPE in Portugal.
- Apply for another Large Erasmus + project focused on Family carers.
- Commencement of Bowling Club for people living with dementia.
- In-person Dementia Cafés to be held.
- Information sessions in local community public spaces to commence.
- Develop Schools TY Programme – on-site volunteering.
- Continue Student Nurse placement for UCD undergraduates at Saint Joseph's Shankill
- Complete the ERASMUS + Programme Adult Education Strategic Partnership – KA204. 'DEMENTIA RIGHT; Developing a rights-based approach to dementia'.
- Continued compliance with all our regulations within HIQA / HSA / fire regulations / training / safeguarding.
- Implementation of a Electronic Patient Record (EPR) system throughout all lodges.

Secondary School Programme

Our School Ambassador Programme to raise awareness about dementia was reviewed and offered nationwide in 2022. In the school year from January 2022 to May 2022 there were 25 presentations facilitated to 1,309 students. From September 2022 to December 2022 there were 7 presentations facilitated to 612 students.

Lunch and Learn Initiative

We started our Lunch and Learn Initiative in 2022 to raise awareness about dementia among employees of corporate organisations. Talks were given to Bank of Ireland, The Institute of Bankers, BNP Paribas and PayPal.

Cognitive Stimulation Therapy

We ran a pilot project facilitated by a staff member and volunteer in 2022. Cognitive Stimulation Therapy (CST) is an evidence-based group intervention for people with early stage dementia. Research evidence suggests that CST can benefit cognitive function, quality of life, well-being, communication and social interaction. There were 14 sessions run over 7 weeks for a group of 6 participants.

Mental Health First Aid Ireland

Mental Health First Aid (MHFA) is the initial help given to someone who is developing a mental health problem, experiencing a worsening of an existing mental health problem or a mental health crisis. The first aid is given until appropriate professional support is received or until the crisis resolves.

MHFA is a skills-based training programme. Participants learn how to recognise mental health problems and, through a framework for communication, learn how to offer and provide initial help, how to guide a person towards appropriate professional help or other supports in an understanding and empathetic way.

Achievements in 2022

- MHFA Ireland trained 2,801 people in MHFA in 2022. This resulted in MHFA Ireland having trained a total of 15,760 participants since the inception of the programme. This continued growth in numbers trained is reflective of the dedication and passion of our many MHFA Instructors across Youth MHFA and Adult MHFA. They, and the MHFA team, have successfully navigated a return to face-to-face training in early 2022, while maintaining the ability to deliver in an online environment too.
- MHFA Ireland experienced some changes in personnel in 2022. Donal Scanlan returned from his career break to return to his position as Manager. We would like to thank Natalie Treacher and Martin Gillick (both National Trainers) who, during 2022, worked tirelessly to help grow MHFA in Ireland and then moved on to external opportunities. We would similarly like to welcome Adrian Yeates (National Trainer) and Christina Wallace (Administration) to the MHFA Ireland and SJOGH team.
- With Youth MHFA, we increased our numbers trained in 2022 by 610 to a total of 1,284 since the programme commenced and has gone from strength to strength developing its impact in Ireland.

- An Garda Síochána (AGS): Building on the success of the Garda YMHFA delivery that commenced in 2021 with two Youth Instructors, two additional Gardaí from the Youth Diversion Bureau were successful in being selected to participate in YMHFA Instructor Training (HSE-funded) in May 2022. In 2022 10 YMHFA courses had been delivered funded by the HSE or directly by AGS. With the Standard MHFA course we saw our HSE funded Adult Instructors deliver 4 courses within the HSE project and MHFA Ireland delivered a further 3 courses to the National Wellbeing Office / Garda Occupational Health and Wellbeing. We remain optimistic that the relationship with AGS will continue to grow.



Mental Health First Aid Instructor Training in Brussels for the European Parliament

*Mental Health First Aid Ireland and
St. John of God Hospital teams at the
2022 KeepWell Awards*



- Continuing our strong relationship with European Institutions, we have continued to support the delivery of MHFA within the European Parliament (who delivered 8 courses this year), European Council (2 courses), and European Commission (6 courses). This relationship was further nurtured when we hosted a MHFA Instructor course in Brussels training 6 more instructors in parliament and 2 from the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) in Lisbon, Portugal.
- We have continued our strategic partnership with See Change and supported their Green Ribbon campaign in September on all our training, participated in their promotional video campaign and distributed over 200 ribbons to course participants.
- With the support of Saint John of God Hospital, MHFA Ireland supported the establishment of a once-off research grant with RCSI to see the recruitment of a PhD student, focusing on mental health training for 3rd level healthcare students. Zoe McCormack was selected and commenced this PhD in 2022.
- MHFA Ireland supported First Fortnight 2022 with a Youth MHFA and an Adult MHFA course well attended and well received. MHFA Ireland look forward to supporting this initiative into the future.
- Workplace MHFA: As part of our ongoing efforts to deliver Workplace MHFA, staff have engaged with key stakeholders and business networks such as Ibec, Skillnet Ireland and Healthy Place to Work, Ibec KeepWell Mark and particularly Vhi during the year. We delivered approx. 63 corporate courses, along with the approx. 33 Vhi client courses, 60 Manager Awareness sessions, 19 Staff Awareness sessions and approximately 50 MHFA Refresher courses.
- MHFA Ireland and the HSE: MHFA Ireland have continued to work closely with a HSE Steering group to support existing and new MHFA Adult and Youth Instructors to deliver to groups such as AGS, Irish Defence Forces, Youthreach, Scouting Ireland, Barretstown, Church of Ireland, CDETB, Homeless services, Traveller Mental Health, Disability Services, Women's Aid, Refugee services, Community Services and Migrant Services.
- MHFA Instructor courses took place throughout 2022 supporting instructor development with the Youth MHFA project, European Institutions, Bus Eireann, Bon Secours, HSE and the HSA.
- The MHFA Ireland team work hard to maintain and develop existing and new customer relationships and this year supported MHFA Networks within organisations such as Deloitte, EY, ESB, Irish Water, Telus, Bord Gais and Smurfit Kappa.
- In line with our strategic marketing plan, MHFA Ireland sponsored the Ibec KeepWell Awards, a stand at the KeepWell Summit and we were the main sponsor for the Please Talk Mental Health Summit and Dinner.
- International MHFA relationships continue to be a priority for the MHFA Ireland team, liaising regularly with our European colleagues, British Isles colleagues and also with colleagues in USA, Canada and MHFA International in Australia. Our manager presented to international attendees at the PSSM (MHFA) France summit in Lyon, France in the summer of 2022.

Testimonials:

“Targeting the course at Garda members who are likely to have interactions with young people was really important as those who attended could instantly see the benefit that the learning and new skill set could bring to their roles. Feedback from the courses was very positive and we have received anecdotal evidence of members putting the YMHFA training into practice. As one participant said the “the training has given me the confidence to move towards a problem rather than back away from it.”

Sergeant Kevin Byrne, An Garda Síochána

“When training a group of over 30 Traveller women from around the various halting sites in Limerick City, who are volunteer community activists working through Limerick Traveller Network.....

There is no other way that I know of, to get these essential skills into communities, and with our service being able to provide the wrap around learner supports required, that can be tailored to meet the needs of each group, I do not know of any other organisation that could have supported this group to gain those skills. During the course, various issues were raised, and personal history disclosed. Some of those parents spoke about their own struggles with mental health for the first time. Within that 16, there was at least one child in every family who was either diagnosed with a mental health issue or had died by suicide.

Personally, I have been working in the field of youth and community support and health promotion for 20 years in Limerick City and the Mid-West Region, I have attended many different types of training, the three that have made the most sense, and have provided me with essential skills that I use on a weekly basis, are ASIST, CASC, and YMHFA. YMHFA bridged the gap between the two. It is so well written, so well researched, and so well supported as a program that it can be used anywhere, with anyone.”

***Billie Stoica, Team Leader - Drugs Education Prevention Strategy
Limerick City Community Development Project***

“The pandemic fundamentally brought everyone’s vulnerabilities to the surface. Colleagues who had previously felt relatively secure in themselves found themselves faced with profound uncertainty, isolation, and anxiety. I have traditionally been the “go to” person in work when a colleague needed an ear to listen, to talk or some advice. I found myself in a situation where I didn’t have a proper structure of how to frame and guide colleagues and this training provided a good grounding with a clear, relatable, easy to follow structure.”

Anonymised feedback from Council of the European Union attendee

“As Wellbeing Advisor in the Directorate-General for Human Resources, I was looking for an evidence-based programme, which had proven its value in a multicultural context. The choice therefore logically fell on the MHFA Programme as it is very complete and thorough. The two-day training covers the most common mental health problems of both chronic and acute nature: depression, anxiety, psychosis and substance abuse. The courses are dense yet allow for exchanges and deep understanding of this very well-developed programme. The approach takes into account different learning styles with both presentations, videos with demonstrations of realistic situations and interviews with people who live with a mental health diagnosis.

We chose to work with MHFA Ireland to ensure coherence with the other European Institutions and appreciate the fact that it is possible to train our colleagues online in all our Directorates General throughout Europe – our staff has more than 30 different nationalities.”

Anne Louise Friedrichsen, Wellbeing Advisor and Coordinator of the MHFA programme in the European Commission having trained over 300 staff to-date.

On The Frontline

Youth Mental Health First Aid

Mental Health First Aid Ireland added a new training to its suite of offerings with the launch of Youth Mental Health First Aid (YMHFA) in September 2020. YMHFA is a 2-day training course for adults who work with, live with or care for young people aged between 12 and 18. This evidence-based training programme is particularly suited to parents, guardians, school staff, sports coaches, community group leaders and youth workers.

Participants who undertake YMHFA training learn how to assist a young person who may be experiencing a mental health problem or a mental health crisis until appropriate professional help is received, or the crisis resolves, using a practical, evidence-based action plan. The mental health topics covered in the 2-day YMHFA course include: Depression, Anxiety, Eating Disorders, Psychosis and Substance Use Problems, with all training materials and training activities localised specifically for Irish audiences. Each course is delivered by YMHFA instructors who have been trained, accredited, and mentored by Mental Health First Aid Ireland (MHFA).

2022 was an exciting year for YMHFA. In late 2020 and throughout 2021, most of our courses, predictably, were delivered online. However, in 2022, as the pandemic restrictions eased, just over 40% of our YMHFA courses were offered in person. Delivering in-person training was a gratifying experience particularly for our YMHFA Instructors, many of whom had undertaken their YMHFA Instructor Training and most, if not all, of their course delivery up to that point, on Zoom. Experiencing the reactions of participants in an in-person setting has been very rewarding for all of us delivering YMHFA training; it adds new dimensions to the training and reassures us of the inherent value of this work.

We were thrilled to offer the very first YMHFA course of 2022 to those working or volunteering with young people in the arts as part of First Fortnight Festival.

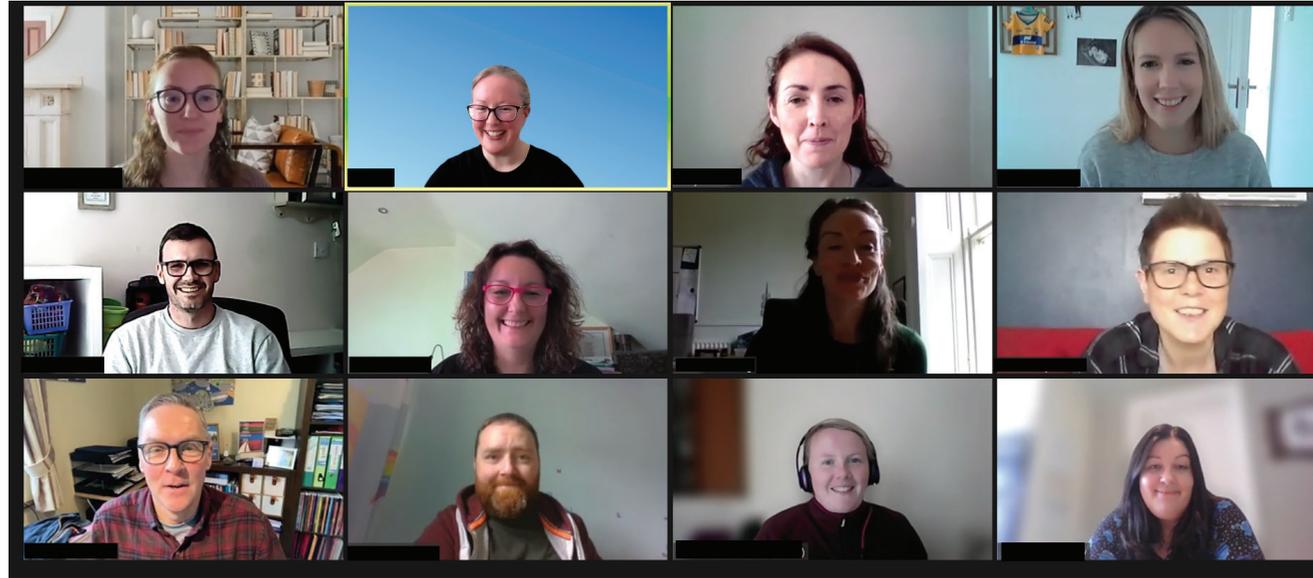
This was the first time that Mental Health First Aid Ireland had collaborated with First Fortnight and there was a tremendous response to both the YMHFA course and an Adult MHFA course that were offered as part of the festival programme. We look forward to building our relationship with these audiences and to future collaborations with First Fortnight in 2023 and beyond.

Examples of other groups that availed of YMHFA training in 2022 include: the National Youth Council of Ireland, Horse Racing Ireland, Youthreach, Clare Youth Service, Limerick and Clare ETB, PDST Wellbeing Advisors as well as countless youth workers, Gardaí, school education staff, parents, guardians, and volunteers.

Our funding partnership with the HSE continued in 2022, benefitting individuals, communities, and organisations across the country. As part of this HSE-funded partnership, MHFAI facilitated our second YMHFA Instructor Training course in May 2022. Master Trainers from MHFAI and our Associate YMHFA panel trained ten, superb YMHFA Instructors representing: City of Dublin ETB, Scouting Ireland, Kildare and Wicklow ETB, Camogie Association, Church of Ireland Youth Department, Garda Youth Diversion Office and Limerick City CDP.

Post-training feedback offered by the 2022 YMHA Instructors was incredibly encouraging:

- “Brilliant trainers. Extremely knowledgeable, kind, and caring, and they bring a light-heartedness to the training which is essential. To create a very psychologically safe environment in a short space of time, particularly online is very impressive.”
- “It was brilliant!! From the presenters to content, to course outline and manuals/resources etc. The course is put together so thoughtfully.”
- “10 out of 10 for equipping Instructors with the skills, resources, confidence, and reassurance to deliver the training. Also, it was extremely professional, delivered in a very supportive, encouraging way and the presenters made it clear that continued support would be available.”



This new group of 10 YMHA Instructors joined the 14 YMFHA Instructors trained in 2021. They are a deeply committed and skilled group of Instructors, representing a broad range of organisations that support young people across Ireland. Their enthusiasm for delivering YMHA training in both embedded and Associate capacities has ensured that the YMHA programme has grown swiftly; in 2022, 48 YMHA courses were delivered both online and in-person to 610 participants across the country. This brought the cumulative number of participants trained to 1300 by the end of the year.

In October 2022, we collaborated with our colleagues in Vhi to deliver a webinar for their corporate clients entitled: “Talking to Young People about their Mental Health.” Almost 1000 people registered for this event and the feedback afterwards overwhelmingly positive: “First webinar I have attended on Youth Mental Health. Extremely informative and the webinar was very, very well presented”. 87% of respondents to the anonymous, post-webinar survey indicated that they would like to complete YMHA training in their workplace. We will seek to build on this momentum with Vhi in 2023 to offer YMHA training to their countrywide, corporate network.

Since the programme launched in September 2020, YMHA training has been very enthusiastically received and the feedback from participants and Instructors alike has been consistently excellent. Congruent with international research on MHFA, YMHA participants in Ireland report an increase in confidence in applying the Mental Health First Aid skills to support young people and attest to the relevance and applicability of the YMHA knowledge and skills in their professional and personal lives. A snapshot of some of the qualitative feedback, provided anonymously by YMHA course participants in 2022 affirms the importance and value of YMHA training:

- “This was one of the best pieces of training I have received. It was extremely well delivered and in a caring and personal way...I would highly recommend this training to all JLOs and to all Community Gardaí.”
- “Very beneficial and should be rolled out to all who work with young people. We are seeing more mental health difficulties in the classroom. This course takes the sigma away and also takes away the fear of approaching the subject, asking the direct questions and signposting support.”

- “The facilitator handled the topics of this course very well...In a course which focuses on mental health, his awareness and ability to read to the room showed a level of professionalism and sincerity in his approach to all things mental health.”

As YMHA continues to grow in Ireland, its powerful and profound ripple effect across groups and communities in Ireland is tangible as illustrated in these testimonials shared by two of our embedded YMHA Instructors:

David Kenneally, Scouting Ireland: *Youth Mental Health and well-being are a priority for this government. As a leader in non-formal education, Scouting Ireland has embraced Mental Health First Aid as their early intervention training and support for the young people we support. The aim is to make Mental Health First Aid as mainstream as medical First aid in training our*

leadership group. Being prepared for what is happening in a young person's life is key to maintaining their development as human beings and prepares leaders to be that One Good Adult in their lives.

Sergeant Kevin Byrne, An Garda Síochána: *Having delivered and facilitated the courses, we can see how beneficial it is to any Garda members but particularly those working, interacting with or supporting adolescents on a regular basis. This course gives each participant a toolkit with which to approach situations when there is concern that a young person is experiencing difficulties with their mental health and participants always tell us they feel more self-assured about their ability to help should the need arise. In our role as Gardaí, this is likely to occur sooner rather than later.*

Lisa Fox, National Trainer, Youth Mental Health First Aid



Newbridge Youth Training & Development Centre

Financial Review (2022)

Income and Expenditure Account

	Year Ended 31 December 2022			Year Ended December 2021		
	Hospital €	St. Joseph's €	Total €	Hospital €	St. Joseph's €	Total €
Income	34,277,996	7,060,603	41,338,599	35,258,997	5,900,081	41,159,078
Expenditure						
Remuneration	27,263,394	5,877,893	33,141,287	26,594,980	5,595,049	32,190,029
Non Pay Overheads	8,315,084	1,417,679	9,732,763	7,925,563	957,576	8,883,139
Gross Expenditure	35,578,478	7,295,572	42,874,050	34,520,543	6,552,625	41,073,168
(Deficit) / Surplus	(1,300,482)	(234,969)	(1,535,451)	738,454	(652,544)	85,910

Balance Sheet At Year End

	2022 €	2021 €
Tangible Fixed Assets	1,451,408	1,796,127
Current Assets		
Debtors & Prepayments	9,176,101	8,410,703
	9,176,101	8,410,703
Creditors- Amounts falling due within one year		
Creditors and accruals	5,744,519	3,711,871
Bank Overdraft	1,928,036	1,831,146
	7,672,555	5,543,017
Net Current Assets	1,503,546	2,867,686
Total assets less current liabilities	2,954,954	4,663,813
Capital and reserves		
Long Term Loan	118,526	291,934
Restricted Funds	-	-
Unrestricted Fund	2,836,428	4,371,879
Reserves	2,954,954	4,663,813

Analysis

Income Analysis 2022

	Hospital €	St. Joseph's €	Total €
Inpatient/Residential Service	31,106,204	4,605,733	35,711,937
Outpatient/Day Services	1,948,082	488,477	2,436,559
Mental Health First Aid	1,073,705	-	1,073,705
Other	150,005	1,966,393	2,116,398
	34,277,996	7,060,603	41,338,599

Income Analysis 2021

	Hospital €	St. Joseph's €	Total €
	31,339,492	4,209,872	35,549,364
	1,256,298	421,476	1,677,774
	1,701,150	-	1,701,150
	962,057	1,268,733	2,230,790
	35,258,997	5,900,081	41,159,078

Pay Analysis 2022

Pay Category	Hospital €	St. Joseph's €	Total €
Nursing	13,112,925	4,399,565	17,512,490
Medical	4,572,405	-	4,572,405
Allied Professions	3,683,767	36,071	3,719,838
Support Services	3,432,748	1,074,599	4,507,347
Administration	2,461,549	367,658	2,829,207
	27,263,394	5,877,893	33,141,287

Pay Analysis 2021

	Hospital €	St. Joseph's €	Total €
	12,505,127	3,905,621	16,410,748
	4,439,321	-	4,439,321
	3,758,991	34,427	3,793,418
	3,418,526	1,298,444	4,716,970
	2,473,015	356,557	2,829,572
	26,594,980	5,595,049	32,190,029

Non Pay Analysis 2022

Expense Category	Hospital €	St. Joseph's €	Total €
Administration	2,224,620	240,018	2,464,638
Consumables Relating To Direct Patient Care	2,141,637	802,478	2,944,115
Establishment	3,948,827	375,183	4,324,010
	8,315,084	1,417,679	9,732,763

Non Pay Analysis 2021

	Hospital €	St. Joseph's €	Total €
	2,123,389	269,274	2,392,663
	1,845,374	402,301	2,247,675
	3,638,983	242,734	3,881,717
	7,607,746	914,309	8,522,055

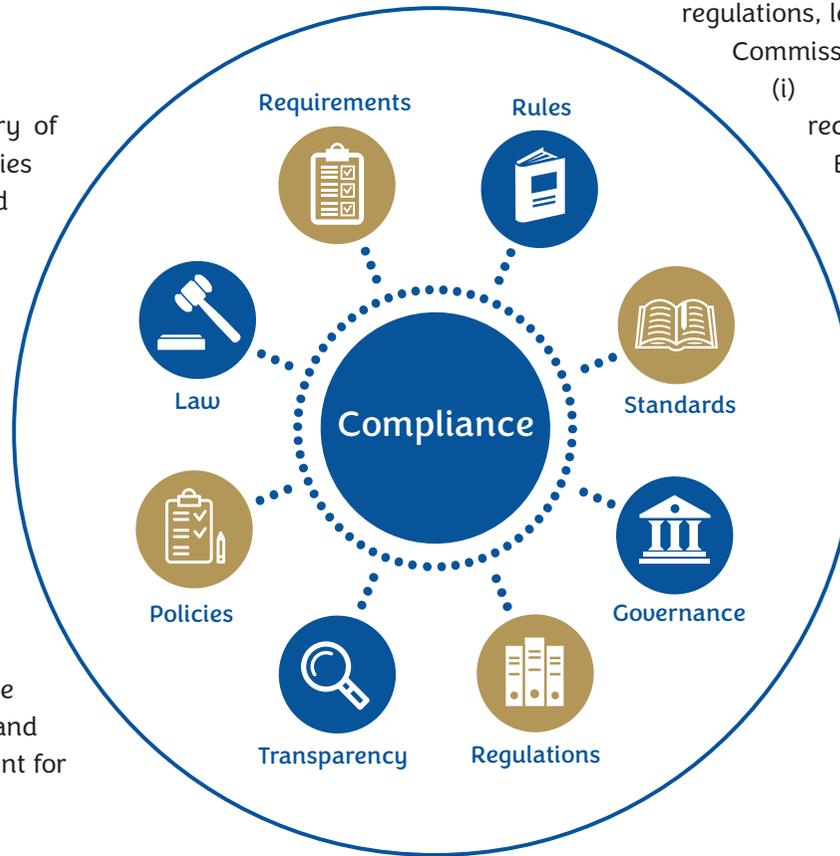
Clinical Governance, Quality & Safety

The Clinical Governance, Quality & Safety Board Sub-Committee (CGQSBC) assists the Board of Directors in its oversight responsibilities to ensure the appropriateness and quality of the services provided at Saint John of God Hospital CLG. It reviews clinical risk and evaluates the consistency of clinical governance practice and procedures in line with regulatory and statutory obligations, good professional practice and guidelines, and in accordance with the philosophy, ethos, values and the policies and procedures of Saint John of God Hospitaller Services.

The Sub-Committee:

- (a) Monitors and reports on the operational delivery of services to patients/residents and their families in accordance with hospital policies, accepted practice guidelines, and patterns of outcome including adverse outcomes.
- (b) Monitors patients'/residents' (and where appropriate their families') experiences and access, and staff and visitor safety.
- (c) Oversees the development of a quality and safety assurance framework with key performance indicators (KPIs) to assure patient/resident safety, service delivery and outcomes.
- (d) Oversees and approves the development of quality, safety and risk management plans (other than financial risks) and regularly evaluates the risk registers and risk management activities, and provides a supervisory function and reporting point for their operation.

- (e) Provides a reporting point for the Clinical Governance, Quality & Safety Executive Committee.
- (f) Oversees and monitors processes for complaints, compliments and comments.
- (g) Oversees arrangements to facilitate staff to raise concerns about the quality and safety of patient/resident care.
- (h) Monitors matters of compliance with standards, regulations, legislation, rules of the Mental Health Commission, HIQA, etc.
- (i) Reports regularly, and makes recommendations as necessary, to the Board of Directors.



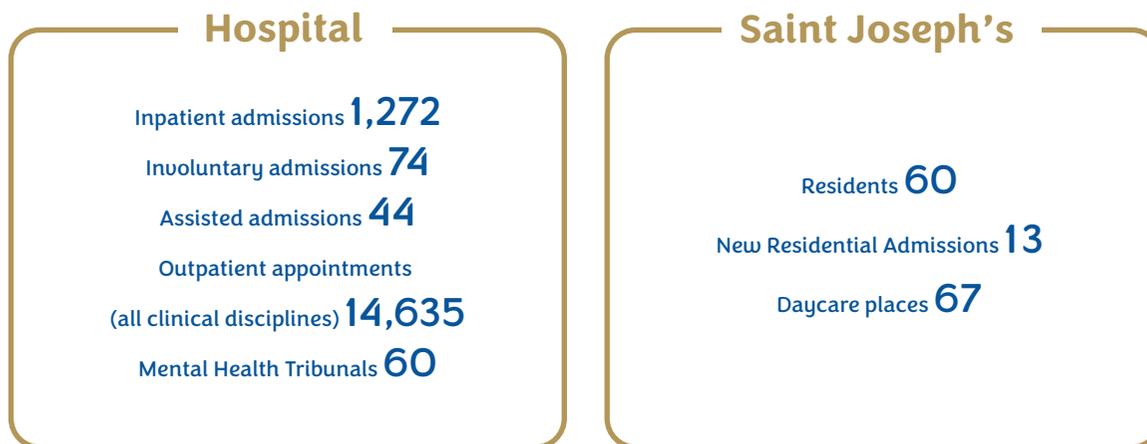
The non-executive director memberships of the Committee in 2022 were:
 Professor Kieran Murphy (Chairperson), Br Gregory McCrory O.H. and Professor Rory Shelley.

Each year this committee sets annual key performance indicators for reporting at its meetings throughout the year.

Total numbers - 2022

The Clinical Governance, Quality & Safety Executive Committee (CGQSEC), meets on a monthly basis and is chaired by the Chief Executive. It oversees the executive structures which support good clinical governance and quality and safety in both services. It does this in conjunction with the following sub-committees that provide regular reports to the executive committee: Hospital Clinical Audit, Saint Joseph's Clinical Audit & Nurse Practice Development, Health & Safety, Hospital Consumer & Carer Council & Advocacy, Saint Joseph's Residents' Committee, Clinical Effectiveness & Quality Improvement, Risk Management, Patient Satisfaction & Complaints Committees of the Hospital and Saint Joseph's, Drugs and Therapeutics Committee and Saint Joseph's Shankill Clinical Governance Committee.

The Executive Committee also receives reports and Learning Notices from the Local Incident Management Team in relation to patient safety incidents reviews. The Executive Committee approves policies and guidelines and receives recommendations brought forward by the various sub-committees along with updates from each committee on a monthly basis. This governance structure is critical to our delivery of clinical services and safety of those who use our services, visitors, staff and volunteers.



Launch of Lithium Therapy Patient Information Booklet

In September, Saint John of God Hospital Pharmacy, the HSE National Medication Safety Programme, and the Irish Pharmacy Union joined forces in a novel new initiative to launch a new Patient Information Booklet on Lithium Therapy.

The joint initiative aims to promote safer Lithium Therapy and empower patients to engage more with their healthcare professional on all aspects of Lithium Therapy including monitoring and potential side-effects.

Lithium is a mood stabiliser that is prescribed to treat mood disorders. It is specifically used as a treatment and prophylaxis in Bipolar Disorder and in more severe depression. It is thought that at least 10,000 people are prescribed Lithium every year in Ireland.

The new Lithium Therapy Patient Information Booklet has been produced by Audrey Purcell, Pharmacy Dispensary Services Manager, Saint John of God Hospital, in conjunction with Professor Dolores Keating, Head of Pharmacy, Saint John of God Hospital, and the Saint John of God Hospital Drug and Therapeutics Committee.

Published in Plain English format, the easy-access booklet is intended for patients and healthcare professionals and contains important safety and clinical information as well as providing a handy means of recording essential information on lithium levels and blood test results.

*Audrey Purcell, Pharmacy Dispensary Services Manager,
Saint John of God Hospital (booklet author)*
Emma Balmaine, Chief Executive, Saint John of God Hospital
Ciara Kirke, Clinical lead, Medication Safety with the HSE
Claire Fitzell, Head of Professional Services with the IPU
Credit: Julian Behal

Additional information is also provided on different Lithium products on the market, blood testing and frequency, monitoring, side-effects, and how to recognise signs of Lithium toxicity.

The Lithium Therapy Patient Information Booklet was distributed throughout September by the HSE directly to Hospital Pharmacies and to Community Pharmacies via the Irish Pharmacy Union.

A copy of this important publication is available on www.stjohnofgodhospital.ie/resources.



Compliments

Hospital

Thanks so much for looking after me so well and so caringly and helping me in my recovery.

Thank you sincerely for the kindness and care that I was given during my stay with you. I will always be grateful. It is a fantastic feeling to know that life can be enjoyed again.

I want to say a big thank you for all the kindness, caring and empathy you gave me during the time I spent with you.

Thank you for always helping me in stressful moments and for always being so patient. You've been so kind and helpful to me.

Ginesa Suite

I just wanted to say a big thank you so much for all your support during my admission and for being a safe space for me to talk. I really do appreciate all your work and help.

A huge sincere and massive thank you for all your kindness, patience, hugs, words of encouragement and all the "pats on the back" that were necessary on a daily basis - it's wonderful to see X leaving you all a happier and more rounded version of herself.

Thank you so much for all my help through my recovery process also thank you for doing my nails and thank you for the McDonalds - I appreciate you so much.

Mental Health First Aid Ireland

I am writing specifically to express my appreciation to you. The course was highly resourceful and beneficial to me, especially in the line of my role as Residential Social Care Worker. The ALGEE is a fantastic tool for mental health first aid.

I got to use my learned skills just last night. I was so amazed with how the conversation went.

I would in the past be talking with people in my group about their struggles, but I would do way much talking, and jumping into solutions, where last night I let the person speak, and encourage them to look for other support. They struggle with their future path, and are not open to speak to MH specialist, but liked the idea of coach or mentor. I don't think I would ever think about that without your training.

St. Joseph's Shankill

To all in Carrigeen Lodge, we really appreciated all you did for dad. You really made a difference.

Thank you to all the wonderful staff in St Joseph's who gave such love and care to X in his years at home there and for making us, his visitors, so welcome. May you all be blessed for the work that you do.

Thank you and all the caring staff in St Joseph's for looking after X over the last 10 days. I know he was treated so well and you are all exceptional.



Saint John of God Hospital,
Saint Joseph's Shankill &
Mental Health First Aid Ireland

Saint John of God Hospital clg, Stillorgan, County Dublin
Telephone: 01 277 1400

www.stjohnofgodhospital.ie
www.saintjosephsshankill.ie
www.mhfaireland.ie

 /SJOGMHealth  /sjogmentalhealth

